



The All Time Lists

A Competitive History of
Southend-on-Sea Athletic Club

1905 - 2009

The All Time Lists

...were compiled by former Records Officer and Life Member, Derek Woods, after considerable and painstaking research.

This list refers only to the best-ever 20 to 30 performances in each senior event. However, where an event is not limited by equipment, ie hurdle heights, and distances, implement weights etc, then younger athletes are eligible for inclusion in the All-Time Lists so long as they meet the current minimum performance criteria for their specific event.

No comprehensive records had been kept over the years and it is without doubt that these lists are not complete records of *ALL* the best-ever performances – many will, unfortunately, have been consigned to history via the many missing Club Gazettes, Press Cuttings, Personal Scrapbooks and other assorted records – and the lack of imperative to record such detail in the first place!

These, then, are the definitive lists only insofar as available information permits.

Notes: (i) The earliest recorded performance in each event is highlighted.
(ii) Identical performances are listed chronologically, earliest first.
(iii) Italicised entries relate to HCAs (Higher Competition Athletes)

*June Cork, Records Officer
August 2009*

ALL-TIME LIST : Women's High Jump

Lesley Chilton	1.78m	Crystal Palace	22.08.1982
Ann Simmons née Wilson	1.77m		00.05.1973
Anna Biscoe	1.70m	Copthall	24.08.1997
Lisa Biscoe	1.70m	Bury St Edmund	23.05.1999
Michelle Stone	1.69m	Southchurch Park	26.08.1984
Sarah Johns	1.68m	Deangate Hoo	09.08.1996
Keeley Johnson	1.67m	Crystal Palace	06.08.1983
Tonya Buck	1.66m	Southchurch Park	19.04.1984
Danielle Hassell	1.65i	Crystal Palace	20.02.2001
Trudi McQuibban	1.63m	Garon Park	12.05.2001
Nicole Kelly	1.60m	Ilford	31.07.2005**
J D Greenwood	1.60m	Southchurch Park	08.06.1933
Jackie Philp	1.60m	Woodford	23.05.1976
Melanie Jacobs	1.58m	Cambridge	11.06.2000
Lyn Wood	1.58m	Woodford	17.06.1978
Eleanor Evans U17	1.58m	McC-3	31.05.2009
Keira Stout	1.57m	Essex Schools	12.06.1993
Elizabeth Butler	1.57m	Chelmsford	22.06.1969
Anneka Lees	1.56m	Southchurch Park	00.00.1978
Natalie Woodhouse U17	1.56m	McC-2	17.05.2009
A Hill	1.55m	Ilford	12.04.1975
Linda Bolton née Avis	1.55m		00.00.1978
Alison Rushman	1.55m	Haringey	04.06.1983
Sheri Sale	1.55m	Milton Keynes	08.09.1990
Paula Weiland	1.55m	Swindon	23.05.1992
Katherine Jackson	1.55m	Milton Keynes	21.06.1992
Lease Williams	1.55m	Huntingdon	09.07.2000
Sophie Jarvis	1.55m	Garon Park	18.07.2009
Fiona Jacobs	1.53m	Newbury	24.06.2000
Sandra Harpley	1.52m	Southchurch Park	15.07.2008
Camilla Smee	1.50m	Garon Park	18.07.2009

As at 10.08.2009/JMC/ATL:WHJ

As at 10.08.2009/JMC/ATL:WHT