



The All Time Lists

A Competitive History of
Southend-on-Sea Athletic Club

1905 - 2009

The All Time Lists

...were compiled by former Records Officer and Life Member, Derek Woods, after considerable and painstaking research.

This list refers only to the best-ever 20 to 30 performances in each senior event. However, where an event is not limited by equipment, ie hurdle heights, and distances, implement weights etc, then younger athletes are eligible for inclusion in the All-Time Lists so long as they meet the current minimum performance criteria for their specific event.

No comprehensive records had been kept over the years and it is without doubt that these lists are not complete records of *ALL* the best-ever performances – many will, unfortunately, have been consigned to history via the many missing Club Gazettes, Press Cuttings, Personal Scrapbooks and other assorted records – and the lack of imperative to record such detail in the first place!

These, then, are the definitive lists only insofar as available information permits.

Notes: (i) The earliest recorded performance in each event is highlighted.
(ii) Identical performances are listed chronologically, earliest first.
(iii) Italicised entries relate to HCAs (Higher Competition Athletes)

*June Cork, Records Officer
August 2009*

ALL-TIME LIST : Women's 800 metres

Charlotte Cutler	2,11.05	Solihull	28.08.2000
Barbara Lock née Watts	2,11.6		00.00.1979
Belinda Clement	2,14.0	Southchurch Park	21.06.1975
Tessa Pike	2,14.5	Grays	14.04.1984
Dawn Churchill	2,14.8	Chelmsford	16.06.1974
Serena Fenn	2,15.7	Harlow	25.04.1982
Caroline Hall	2,16.0	Harlow	?26.04.1981 ch fxt
Dianne Beer	2,17.1	Harlow	25.04.1982
Lucy Hawkes	2,17.5	Southern EAA	00.06.1994
Sarah Mullins	2,17.6	Garon Park	24.07.2005
Ruth Richards	2,18.1	Oxford	21.08.1982
Pauline Mullins	2,18.2	Southchurch Park	01.06.1982
Karren Little	2,18.7	Crawley	17.06.1990
Valerie Day	2,19.3	Chelmsford	21.06.1970
Emma Welch	2,19.9	Harlow	20.06.1987
Sarah Keenlyside	2,19.9	Walthamstow	10.05.1998
Camilla Smee (U15)	2,20.3	EYAL-2	07.06.2009
Emily Burgess (U17)	2,20.86	Essex AA	11.05.2008
Jessica Mead (U15)	2,21.1	S.Counties U15	24.05.2009
Aimee Garnett (U15)	2,21.26	Essex AA	10.05.2009
Kristina Marshall	2,21.4	Basildon	09.06.2001
Jacci French	2,21.8	Crystal Palace	27.06.1971
June Cork	2,22.0	Chelmsford	04.05.1969
Debra Judge	2,22.2		00.00.1978
Jane Scobie	2,22.2	Tooting Bec	18.08.1990
Natasha Bailey	2,22.33	Chelmsford	16.05.2004
M Laughton	2,22.5	Colchester	20.05.1990
Sarah Raven	2,22.7	Watford	31.05.1998
Nikki Baynes	2,22.9	Watford	30.05.2004