



## The All Time Lists

A Competitive History of  
Southend-on-Sea Athletic Club

1905 - 2009

# The All Time Lists

...were compiled by former Records Officer and Life Member, Derek Woods, after considerable and painstaking research.

This list refers only to the best-ever 20 to 30 performances in each senior event. However, where an event is not limited by equipment, ie hurdle heights, and distances, implement weights etc, then younger athletes are eligible for inclusion in the All-Time Lists so long as they meet the current minimum performance criteria for their specific event.

No comprehensive records had been kept over the years and it is without doubt that these lists are not complete records of *ALL* the best-ever performances – many will, unfortunately, have been consigned to history via the many missing Club Gazettes, Press Cuttings, Personal Scrapbooks and other assorted records – and the lack of imperative to record such detail in the first place!

These, then, are the definitive lists only insofar as available information permits.

Notes: (i) The earliest recorded performance in each event is highlighted.  
(ii) Identical performances are listed chronologically, earliest first.  
(iii) Italicised entries relate to HCAs (Higher Competition Athletes)

*June Cork, Records Officer  
August 2009*

## ALL-TIME LIST : Women's 100 metres

Sarah Wilhelmy	11.41(11.24w)	Birmingham	15.07.2001
Pauline Mullins	11.8	Dublin	08.08.1981
Ann Wilson	12.0		00.00.1965
Christine Theaker	12.1	Southampton	08.08.1959
Jane Hobbs née Prosser	12.1	Carshalton	16.07.1977
Deborah Cook	12.1	Portsmouth	10.08.1965
Joanne Butler	12.1	Southchurch Park	21.06.1975
Ruth Richards	12.2	Basildon	10.05.1978
Michelle Stone	12.2	Colchester	21.06.1986
Janet Barnett	12.3	Southchurch Park	25.09.1971
Janet Cable	12.3	Watford	12.08.1961
Christina Persighetti	12.3	Chiswick	03.06.1961
<b>June Crump</b>	<b>12.4</b>	<b>Southchurch Park</b>	<b>00.00.1955</b>
Dawn Churchill	12.5	Barnett	08.07.1967
Ann Doubrowsky	12.6	Southchurch Park	00.00.1956
Elizabeth Butler	12.6	Harlow	09.08.1970
Esther Tele	12.7	St Albans	20.06.2005
Donna Byfield	12.7	Southchurch Park	25.05.1974
Carly Tyler	12.7	Cambridge	14.09.1997
Emma Collard	12.79	Essex AA	10.05.2008
Brenda Nicholas	12.8	Southchurch Park	00.00.1956
Janet Johnson	12.8	Essex AA	14.05.1966
Ann Rouse	12.8	Harlow	03.08.1968
Debra Emery	12.8		00.00.1978
Donna Hooper	12.8	Highgate	30.08.1981
Emma Bartlet	12.8	Milton Keynes	18.08.1991
Amy McDonald	12.86	Essex AA	10.05.2008