



The All Time Lists

A Competitive History of
Southend-on-Sea Athletic Club

1905 - 2009

The All Time Lists

...were compiled by former Records Officer and Life Member, Derek Woods, after considerable and painstaking research.

This list refers only to the best-ever 20 to 30 performances in each senior event. However, where an event is not limited by equipment, ie hurdle heights, and distances, implement weights etc, then younger athletes are eligible for inclusion in the All-Time Lists so long as they meet the current minimum performance criteria for their specific event.

No comprehensive records had been kept over the years and it is without doubt that these lists are not complete records of *ALL* the best-ever performances – many will, unfortunately, have been consigned to history via the many missing Club Gazettes, Press Cuttings, Personal Scrapbooks and other assorted records – and the lack of imperative to record such detail in the first place!

These, then, are the definitive lists only insofar as available information permits.

Notes: (i) The earliest recorded performance in each event is highlighted.
(ii) Identical performances are listed chronologically, earliest first.
(iii) Italicised entries relate to HCAs (Higher Competition Athletes)

*June Cork, Records Officer
August 2009*

ALL-TIME LIST : Women's 100 metres Hurdles

Ann Wilson	13.3 (13.2w)	Belgium	30.07.1972
Michelle Stone	13.8	Copthall	29.06.1985
Elizabeth Butler	14.5	Chiswick	06.06.1970
Jacqueline Philp	14.7	Woodford	23.05.1976
[H Morton	15.2	Garon Park	03.09.2005]
Deborah Haves	15.3	West London	28.07.1984
Eleanor Evans U17	15.45	Essex AA	17.05.2009
Melanie Jacobs	15.8	Mile End	06.07.2002
Alison Rushman	16.1	Portsmouth	18.06.1983
Charlotte Cutler	16.3	Watford	24.01.1993
Christina Persighetti	16.4	East Ham	05.05.1970
Tanya Buck	16.4	Havering	08.09.1985
Lisa Hayes	16.5	Newham	14.05.1994
Mary Dray	16.5		00.00.1973
Deborah Emery	17.0	Southchurch Park	09.06.1981
Jeannette Fuller	17.1		00.00.1978
Susan Lockhart	17.2	Ipswich	28.04.1990
Clare Hadgson	17.2	Basildon	30.05.1987