



## The All Time Lists

A Competitive History of  
Southend-on-Sea Athletic Club

1905 - 2009

# The All Time Lists

...were compiled by former Records Officer and Life Member, Derek Woods, after considerable and painstaking research.

This list refers only to the best-ever 20 to 30 performances in each senior event. However, where an event is not limited by equipment, ie hurdle heights, and distances, implement weights etc, then younger athletes are eligible for inclusion in the All-Time Lists so long as they meet the current minimum performance criteria for their specific event.

No comprehensive records had been kept over the years and it is without doubt that these lists are not complete records of *ALL* the best-ever performances – many will, unfortunately, have been consigned to history via the many missing Club Gazettes, Press Cuttings, Personal Scrapbooks and other assorted records – and the lack of imperative to record such detail in the first place!

These, then, are the definitive lists only insofar as available information permits.

Notes: (i) The earliest recorded performance in each event is highlighted.  
(ii) Identical performances are listed chronologically, earliest first.  
(iii) Italicised entries relate to HCAs (Higher Competition Athletes)

*June Cork, Records Officer  
August 2009*

## ALL-TIME LIST : Men's Shot Putt

Martyn Lucking	18.62m	Paddington	02.10.1962
David Condon	17.16m	Ashford	05.08.2000
Mitchell Smith	16.31m		00.00.1986
James South	14.58m	Kingston	03.05.2003
Trevor Woods	14.15m		00.00.1969
<i>Patrick Halcrow</i>	<i>13.95m</i>	<i>Abingdon</i>	<i>06.06.2009</i>
Terry Clegg	13.94m	Clacton	00.00.1962
Alan Husk	13.67m	Parliament Hill	22.07.1976
John Ward	13.60m	Garon Park	15.08.1998
Angus Chesney	12.95m	Krefeld, W Germany	19.08.1972
Guy Kingston	12.89m	Thurrock	12.06.1965
<i>Robert Earle</i>	<i>12.84m</i>	<i>Bournemouth</i>	<i>04.07.2009</i>
Noel Dixon	12.55m	Harlow	23.05.1992
Thomas Day	12.42m	Southchurch Park	03.05.1992
Roger Wilson	12.24m	Barking	24.05.1969
[Robert Jolley	12.17m	BAL-3	02.08.2008]
<b>J E Conroy</b>	<b>12.06m</b>	<b>County Champion</b>	<b>00.00.1930</b>
H I Howard	11.95m	County Champion	00.00.1936
David Turner	11.78m	Vittle, France	19.08.1972
Gerald Ratcliff	11.78m	Belfairs	19.08.1950
William Garrard	11.63m	Garon Park	06.05.1998
Gary Jenson	11.58m	Watford	02.07.1988
Gareth Pratt	11.27m	Garon Park	07.07.2001
Matthew South	11.04m	Croydon	23.06.2001
Neil Scrivener	11.02m	Garon Park	23.06.2001
??Roger Jolly	11.01m	Garon Park	22.06.2002
Anthony Brooker	10.55m	Hillingdon	30.07.1994
James Bevan	10.46m	Portsmouth	25.07.1987