



## The All Time Lists

A Competitive History of  
Southend-on-Sea Athletic Club

1905 - 2009

# The All Time Lists

...were compiled by former Records Officer and Life Member, Derek Woods, after considerable and painstaking research.

This list refers only to the best-ever 20 to 30 performances in each senior event. However, where an event is not limited by equipment, ie hurdle heights, and distances, implement weights etc, then younger athletes are eligible for inclusion in the All-Time Lists so long as they meet the current minimum performance criteria for their specific event.

No comprehensive records had been kept over the years and it is without doubt that these lists are not complete records of *ALL* the best-ever performances – many will, unfortunately, have been consigned to history via the many missing Club Gazettes, Press Cuttings, Personal Scrapbooks and other assorted records – and the lack of imperative to record such detail in the first place!

These, then, are the definitive lists only insofar as available information permits.

Notes: (i) The earliest recorded performance in each event is highlighted.  
(ii) Identical performances are listed chronologically, earliest first.  
(iii) Italicised entries relate to HCAs (Higher Competition Athletes)

*June Cork, Records Officer  
August 2009*

## ALL-TIME LIST : Men's Hammer Throw

<i>Malcolm Fenton</i>	56.57m	<i>EVAL</i>	02.07.2008
<i>Robert Earle</i>	53.66m	<i>BAL-2</i>	05.07.2008
Trevor Woods	46.06m	Southchurch Park	06.06.1971
Daniel Ward	43.56m	Basingstoke	08.07.1989
David Condon	43.19m	Bedford	21.08.2004
James South	42.66m	Bournemouth	02.08.2003
Gerald Ratcliff	42.36m	Waltham Forest	17.08.1990
Daniel Murphy	41.48m	Parliament Hill	22.05.1976
James Bevan	38.24m	Portsmouth	25.07.1987
Terence Ford	38.12m	Harlow	03.06.1961
Keith Waterman	38.10m		00.00.1968
Daniel Chapman	34.86m		14.05.2006
Noel Dixon	33.84m	Basildon	30.07.1994
David Turner	32.38m	Exeter	25.06.1977
William Garrard	29.92m	Basildon	02.07.1994
<b>Jock McLeod</b>	<b>28.34m</b>	<b>Southchurch Park</b>	<b>01.09.1955</b>
Anthony Brooker	28.06m	Canvey	20.08.1994
Patrick Halcrow	27.76m	BAL-1	06.06.2009