



The All Time Lists

A Competitive History of
Southend-on-Sea Athletic Club

1905 - 2009

The All Time Lists

were compiled by former Records Officer and Life Member, Derek Woods, after considerable and painstaking research.

No comprehensive records had been kept over the years and it is without doubt that these lists are not complete records of *ALL* the best-ever performances – many will, unfortunately, have been consigned to history via the many missing Club Gazettes, Press Cuttings, Personal Scrapbooks and other assorted records – and the lack of imperative to record such detail in the first place!

These, then, are the definitive lists only insofar as available information permits.

The first-ever recorded performance in each event is highlighted.

Notes: Identical performances are listed chronologically, earliest first.
Italicised entries relate to HCA's (Higher Competition Athletes)

June Cork, Records Officer

ALL-TIME LIST : Men's 800 metres

Colin Miles	1,53.43	Watford	00.00.2006
Noel Thatcher	1,53.8	Enfield	19.08.1990
Adam Hickey	1,54.22	Barking	25.06.1971
Basil Wright	1,54.3	Brighton	26.06.1937
David Richards	1,54.3	Crystal Palace	25.06.1971
William Erickson	1,54.5		00.00.1962
David Pyle	1,54.8	Crystal Palace	00.00.1980
David Green	1,54.9	Woking	11.08.1990
David Smale U20	1,55.1	Bournemouth	04.07.2009
Thomas Nugent	1,55.5	Chelmsford	12.06.1967
Mark Arnott	1,55.6	Tooting	24.05.1991
Cecil Griffiths	1,55.7	EAA Champ (CBP)	00.00.1924
Angus Kindley	1,55.9		00.00.1968
John Tyler	1,56.2		
E P Greenford	1,56.5		00.00.1948
Dennis Spashett	1,56.6		00.00.1975
Francis Treanor	1,56.7	Loughborough	08.06.1988
John Blowers	1,56.8	Welwyn	16.07.1993
Daniel Quinn	1,56.8	Southampton	25.06.2005
Philip Morgan	1,57.0	Oxford	00.07.1951
Steven Kemp	1,57.2	Horsham	17.06.1990
Duncan Clark	1,57.2	Bracknell	02.07.1994
Thomas Frith U20	1,57.4	Crawley	01.08.2009
Norman Wilson	1,57.6	Southchurch Park	30.09.1967
Frederick Roskilly	1,57.6	Harlow	29.05.1982
Lloyd Hartman U20	1,57.65	Chelmsford	10.05.2009
B W Styles	1,57.8	Southchurch Park	00.00.1952
Keith McGhie	1,57.8	Basildon	23.06.1987
Jeffery Cox	1,57.9		00.00.1968
Lloyd Peters-Hartman	1,58.0	World Bor	09.06.2007
Peter Smale	1,58.0	Abingdon	06.06.2009
Andrew Green	1,58.3	Melksham	21.08.1983
Stuart Durham	1,58.4		00.00.1982
Jonathan Knibb	1,58.4		00.00.1988
Michael Mansfield	1,58.5	Waltham Forest	10.06.1989
Paul Whittaker	1,59.2	Eltham	22.07.2009