

Eastern Young Athletes League Timetable 2009 for League Matches

						<i>Team to judge</i>							
11.50	70mH	U13 G	11.45	U17/U15	Hammer (M+F)	1							
	75mH	U15 G		U13 B	Shot Putt	4							
	75mH	U13 B		12.00	U15 B	Long Jump	6						
	80mH	U17 W			U13 G	High Jump	5						
	80mH	U15 B			U17/U15	Pole vault (M+F)	2						
	100mH	U17 M			12.40	U17 W	High Jump	5					
12.35	800m	U13 G	12.50	U17 M		Discus	1						
	800m	U15 G		U13 B		Long Jump	3						
	800m	U17 W		U15 G		Shot Putt	4						
	800m	U13 B		13.20		U15 G	High Jump	5					
	800m	U15 B				13.30	U15 B	Shot Putt	6				
	800m	U17 M			U17 M		Long Jump	3					
13.25	100m	U13 G	U17 W		Discus		1						
	100m	U15 G	14.20		U13 G		Long Jump	4					
	100m	U17 W			U17 W		Shot Putt	6					
	100m	U13 B		U15 G	Discus		5						
	100m	U15 B		U17 M	High Jump	1							
	100m	U17 M		U15 B	Javelin	3							
Track officials break													
14.30	400m	U15 B	14.45	300m	U15 G	15.00	1500m	U13 G (1 race per age - group)	U17 W	Long Jump	4		
	400m	U17 M		300m	U17 W		U13 G	Shot Putt	6				
15.00	1500m	U15 G	15.20	U15 B	High Jump	1	15.40	U15 G	Long Jump	4			
	1500m	U17 W		16.00	U17 W	Javelin		2	U17 W	Javelin	2		
	1500m	U13 B			U13 B	Discus		3	U13 B	Discus	3		
	1500m	U15 B			U17 M	Shot Putt		6	16.15	U17 W/M	Triple Jump	4&5	
	1500m	U17 M			16.40	U17 M		Javelin		2	U17 M	Javelin	2
	15.50	200m				U13 G		U13 G		Discus	3	U13 G	Discus
200m		U15 G	16.00			U13 B	High Jump	1		16.15	U17 W/M	Triple Jump	4&5
200m		U17 W		16.15		U17 M	Javelin	2			U17 M	Javelin	2
200m		U13 B				U13 G	Discus	3			U13 G	Discus	3
200m		U15 B				16.40	U17 M	Triple Jump	4&5		U17 M	Javelin	2
200m		U17 M			16.40		U13 B	High Jump	1		U13 G	Discus	3
16.40	4 x 100m	U13 G					16.15	U17 W/M	Triple Jump		4&5	U17 M	Javelin
	4 x 100m	U15 G	U17 M					Javelin	2	U13 G	Discus	3	
	4 x 100m	U17 W	U13 G	Discus				3	16.40	U13 G	Discus	3	
	4 x 100m	U13 B	16.40	U17 M				Triple Jump		4&5	U17 M	Javelin	2
	4 x 100m	U15 B		U13 G		Discus		3		U13 G	Discus	3	
	4 x 100m	U17 M		16.40	U17 W/M	Triple Jump		4&5		U17 M	Javelin	2	
16.40	4 x 100m	U13 G			U17 M	Javelin	2	U13 G		Discus	3		
	4 x 100m	U15 G			U13 G	Discus	3	16.40		U17 M	Javelin	2	
	4 x 100m	U17 W			16.40	U13 G	Discus		3	U13 G	Discus	3	
	4 x 100m	U13 B	16.40			U17 M	Triple Jump		4&5	U17 M	Javelin	2	
	4 x 100m	U15 B				U13 G	Discus		3	U13 G	Discus	3	
	4 x 100m	U17 M		16.40		U17 W/M	Triple Jump		4&5	U17 M	Javelin	2	

- A and B string in each event, with the exception of the Hammer, Polevault and relays where there will be one scoring athlete/team per age group per club. No non-scorers in Hammer or Polevault.
- Where A & B string races are held separately team managers are expected to put the better runner in the A string. *Failure to do this can lead to disqualification of both strings.*
- Non-scoring track competitors will be accommodated in the scoring races wherever possible, but extra races will be held if necessary.