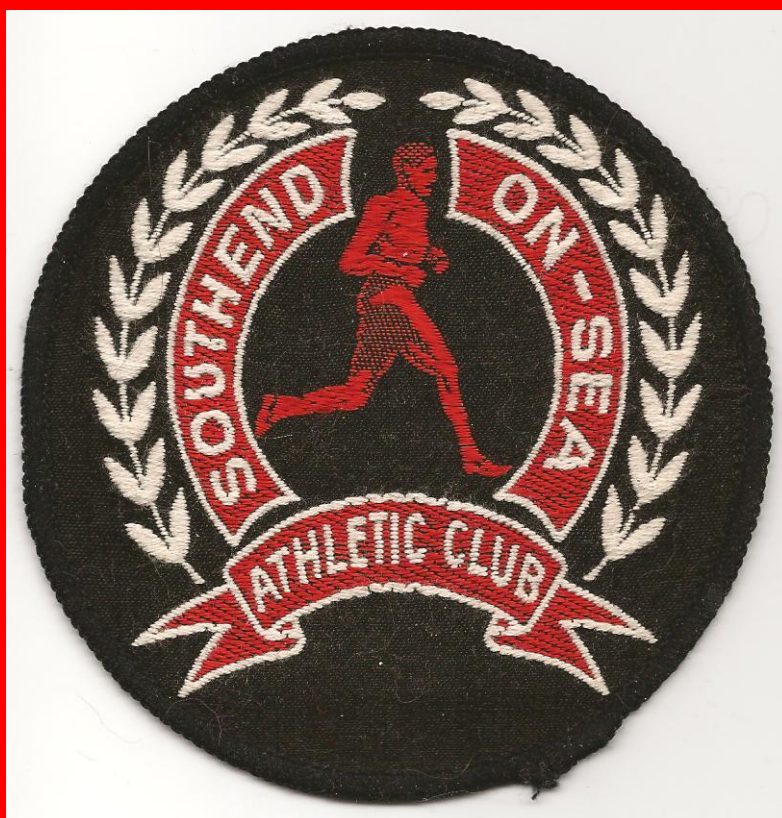


SOUTHEND-ON-SEA ATHLETIC CLUB



ALL TIME BEST PERFORMANCE LISTS:

ROAD

**Covering all distances from One Mile to Multi Terrain &
Ultra Distance**

As with the Marathon - the best performance of anyone who has attempted the Half Marathon is recorded on the All Time List

THE HALF MARATHON

Graham Payne		1,03.59	?	24 th in UK Rankings 1985
Graham Payne		1,04.15	Pearl Assurance, Aldershot	2 nd 24.03.1985
Leonard "Buddie" Edelen		1,04.37	Romford – WINNER	08.04.1961
David Balthasar		1,09.15	Canvey I	WINNER 06.04.1986 1 st team
Leonard Jones		1,09.30	Romford (12 th)	08.04.1961
Michael Whittaker		1,09.51	Canvey I	2 nd 06.04.1986 1 st team
Roy McCalla		1,10.46	Hornchurch Invitation Mtg	AW: 24.05.1958
J Murphy		1,11.30	Jim Peters	22.09.1985 1 st team
Stephen Kemp		1,11.34	Canvey I	4 th 06.04.1985 1 st team
W Hagan		1,12.33	Canvey I	6 th 06.04.1985 1 st team
Leslie Sawkins		1,12.47	Romford (11 th)	AW: 12.04.1975
Roy Scott		1,13.37	Bedford	13.12.09
Brian Thomas		1,13.42	22 nd Bernie Hames (30 th)	11.11.1978
Clifford Crabb		1,13.59	Romford – 35 th	08.04.1961
Keith Purvis	M40	1,15.19	Jim Peters	5 th /1 st M40 10.06.2001
Alan Cook		1,16.14	Essex Champs, Roding	15 th /3 rd Ex Vet 04.03.2001 5 th team
Derek Abbott		1,16.22	Hornchurch	10 th AW: 10.10.1959
Graeme Carey		1,17.14	Jim Peters	6 th AW 21.06.1989 1 st team
S Rowe		1,17.57	Jim Peters	9 th AW 21.06.1989 1 st team
Michael Mansfield		1,17.	Brentwood Half	00.00.2007
Christopher Leeman		1,18.35	Jim Peters	15 th 10.06.2001
J Daniel	V	1,19.16	Jim Peters	2 nd Vet 21.09.1986
James Atkinson		1,20.8	Jim Peters	10.06.2007
Mark Waine		1,20.25	Jim Peters	18 th 10.06.2001
Michael Smith		1,20.	Brentwood Half	00.00.2007
Steven Whittaker		1,22.23	Jim Peters	19 th 00.06.2009
B Hill		1,22.24	Bernie Hames, Chigwell Row (26 th)	19.09.1970
Ian Maynard	M40	1,23.24	Jim Peters	10 th /2 nd M40 00.00.2003
Peter Binns	M55	1,23.37	Jim Peters	11 th /1 st M55 00.00.2003
Steven Hockett	M	1,23.	Frinton Half	13.05.2007
Tessa Pike		1,25.06	Jim Peters (2 nd Woman)	22.09.1985
Lee-Anne Cann		1,26.25	Jim Peters	39 th 00.06.2009
Claire Donnelly		1,26.26	Jim Peters	42 nd 00.06.2008
John Wright	V45	1,27.03	7 th Jim Peters (30 th)	16.06.2002
Terry Craven	Snr	1,27.10 pb	Great Bentley	107 th 07.02.2010
Simon Bond		1,27.13	Jim Peters	10.06.2007
Sarah Jeffery	SW	1,28.13 pb	Great Bentley	117 th 07.02.2010
Ian Danskin		1,28.51	Jim Peters	53 rd 00.06.2009
Gregory Jarvis	M40	1,28.52	Great Bentley	127 th 07.02.2010
David Hallett		1,28.56	Jim Peters	84 th 10.06.2001
David Lesley	M55	1,29.48	Jim Peters	92 nd 10.06.2001
Richard Flack	M40	1,31.20	Jim Peters	109 th 10.06.2001
Stewart Orton		1,32.57	Jim Peters	124 th 10.06.2001
Melanie Ling	WV	1,32.	Brentwood Half	00.00.2007

Stephen Middleton		1,34.11	Jim Peters	120 th	00.06.2008
Tim Harvey	Snr	1,34.20	Great Bentley	211 th	07.02.2010
James Champion	M35	1,35.26 pb	Birmingham	968 th	11.10.2009
James Ling	M40	1,35.39	Brentwood		09.03.2008
John McNamara	M	1,35.56	Jim Peters		10.06.2007
Glen Taylor		1,36.26	Brentwood		12.03.2005
Roy Cottis	M40	1,37.09	Jim Peters	180 th	10.06.2001
Janet Platt	W35	1,37.58	Jim Peters	WINNER	AW 21.06.1989
Simon Le Mare		1,38.04	Jim Peters	173 rd	00.06.2008
L Barnett	W35	1,38.10	Jim Peters	2 nd	AW 21.06.1989
Gareth Crompton	M40	1,39.03	Brentwood		09.03.2008
Nicola Yevko		1,39.37	Jim Peters	9 th	11.06.2000
Amanda Bussey	W35	1,41.13	Jim Peters	105 th	00.00.2003
Bernard Wright	V45	1,41.50	7 th Jim Peters (137 th)		16.06.2002
Ian Miller	M40	1,41.51	Brentwood		09.03.2008
Anthony Phillips	V40	1,42.41	7 th Jim Peters (146 th)		16.06.2002
Matthew Gillard	M40	1,42.46	Brentwood		09.03.2008
Martin Mullins	M45	1,43.05	Jim Peters	126 th	00.00.2003
Ana Ockendon	W35	1:43:22	Jim Peters		08.06.2008
Michael Fairchild	M50	1,43.26	Brentwood		09.03.2008
Fiona Hawkins	W40	1,44.29 pb	Great Bentley	383 rd	07.02.2010
John Willis		1,45.43	Jim Peters	331 st	10.06.2001
Charles Baynes		1,45.44	Jim Peters	160 th	00.00.2003
Christine Perry	W45	1,47.33	Jim Peters	364 th	10.06.2001
Raymond Platt	M50	1,48.01	Jim Peters	372 nd	10.06.2001
Susan Crompton	W45	1,48.19	Jim Peters	400 th	00.06.2008
Kenneth Gilbey	M45	1,48.51	Jim Peters	197 th	00.00.2003
David Bridge	M40	1,49.39 pb	Great Bentley		07.02.2010
Michael Barnard	M40	1,49.49	Jim Peters	406 th	10.06.2001
John McAvoxy	V55	1,49.58	7 th Jim Peters (234 th)		16.06.2002
Jane Wright	W45	1,52.24	Jim Peters	455 th	10.06.2001
Michael Barnard	Snr	1,53.16	7 th Jim Peters (271 st)		16.06.2002
Graham Hilbery		1,53.49	Jim Peters	553 rd	00.06.2008
Michael Bailey		1,54.57	Jim Peters	580 th	00.06.2008
Jon Brown	M40	1,55.15	Great Bentley	561 st	07.02.2010
Ian Glover	M40	1,58.40	Jim Peters	320 th	00.00.2003
John Holdsworth	M40	2,02.20	Jim Peters	363 rd / 43 rd M40	00.00.2003
Wendy Wall	W40	2,05.09	7 th Jim Peters (388 th)		16.06.2002
Susan Sipos	W40	2,06.31	7 th Jim Peters (404 th)		16.06.2002
Malcolm Fyfe	M55	2,06.51	Jim Peters	642 nd	10.06.2001
Keith Porter	M	2,13.46	Jim Peters		10.06.2007
Jessica Scott		2,16.57	Jim Peters	1148 th	00.06.2009
Richard Blois	M75	2,17.52	Jim Peters	377 th / 2 nd M75	00.00.2003
David Balding		2,19.55	Jim Peters	1057 th	00.06.2008
Michael Jeffery	M45	2,23.52	Jim Peters	720 th (not last)	10.06.2001